

**Form 45 - Current Supplements****Data File:** f45\_os\_pub**File Date:** 08/03/2007**Structure:** Multiple rows per participant**Population:** OS participants

---

**Participant ID****Variable #** 1**Usage Notes:** none**Sas Name:** ID**Categories:** Study: Administration**Sas Label:** Participant ID**Type:** Continuous

---

**F45 Days since randomization/enrollment****Variable #** 2**Usage Notes:** none**Sas Name:** F45DAYS**Categories:** Study: Administration**Sas Label:** F45 Days since randomization/enrollment**Type:** Continuous

---

**F45 Visit type****Variable #** 3**Usage Notes:** none**Sas Name:** F45VTYP**Categories:** Study: Administration**Sas Label:** Visit type**Type:** Categorical**Values**

1	Screening Visit
2	Semi-Annual Visit
3	Annual Visit
4	Non-Routine Visit

---

**F45 Visit year**

Visit year for which this form was collected.

**Variable #** 4**Usage Notes:** none**Sas Name:** F45VY**Categories:** Study: Administration**Sas Label:** Visit year**Type:** Continuous

---

**F45 Closest to visit within visit type and year**

For forms entered with the same visit type and year, indicates the one closest to that visit's target date. Valid for forms entered with an annual or semi-annual visit type.

**Variable #** 5**Usage Notes:** See data preparation document.**Sas Name:** F45VCLO**Categories:** Study: Administration**Sas Label:** Closest to visit within visit type and year**Type:** Categorical**Values**

0	No
1	Yes

---

**Form 45 - Current Supplements****Data File:** f45\_os\_pub**File Date:** 08/03/2007**Structure:** Multiple rows per participant**Population:** OS participants

---

**F45 Expected for visit**

This form/data was expected for this visit. Form 45 (Current Supplements) was expected at Baseline for all CT and OS, for all CT at years 1, 3, 6, and 9, and for all OS at year 3.

**Variable #** 6**Usage Notes:** none**Sas Name:** F45EXPC**Sas Label:** Expected for visit**Categories:** Study: Administration**Type:** Categorical**Values**

0	No
---	----

1	Yes
---	-----

---

**Supplemental vitamin A, mcg RE**

Average daily supplemental vitamin A, mcg RE

**Variable #** 7**Usage Notes:** none**Sas Name:** F45VITA**Sas Label:** Supplemental Vitamin A, mcg RE**Categories:** Computed Variables  
Supplements**Type:** Continuous

---

**Supplemental alpha-tocopherol, IU**

Average daily supplemental alpha-tocopherol, IU

**Variable #** 8**Usage Notes:** none**Sas Name:** F45VITE**Sas Label:** Supplemental Alpha-tocopherol, IU**Categories:** Computed Variables  
Supplements**Type:** Continuous

---

**Supplemental vitamin B1 (Thiamine), mg**

Average daily supplemental vitamin B1 (Thiamine), mg

**Variable #** 9**Usage Notes:** none**Sas Name:** F45VITB1**Sas Label:** Supplemental Vitamin B1 (Thiamine), mg**Categories:** Computed Variables  
Supplements**Type:** Continuous

---

**Supplemental vitamin B12, mcg**

Average daily supplemental vitamin B12, mcg

**Variable #** 10**Usage Notes:** none**Sas Name:** F45VTB12**Sas Label:** Supplemental Vitamin B12, mcg**Categories:** Computed Variables  
Supplements**Type:** Continuous

---

**Form 45 - Current Supplements****Data File:** f45\_os\_pub**File Date:** 08/03/2007**Structure:** Multiple rows per participant**Population:** OS participants

---

**Supplemental vitamin B2 (Riboflavin), mg**

Average daily supplemental vitamin B2 (Riboflavin), mg

**Variable #** 11**Usage Notes:** none**Sas Name:** F45VITB2**Sas Label:** Supplemental Vitamin B2 (Riboflavin), mg**Categories:** Computed Variables  
Supplements**Type:** Continuous

---

**Supplemental vitamin B6, mg**

Average daily supplemental vitamin B6, mg

**Variable #** 12**Usage Notes:** none**Sas Name:** F45VITB6**Sas Label:** Supplemental Vitamin B6, mg**Categories:** Computed Variables  
Supplements**Type:** Continuous

---

**Supplemental beta-carotene, mcg**

Average daily supplemental beta-carotene, mcg

**Variable #** 13**Usage Notes:** none**Sas Name:** F45BETA**Sas Label:** Supplemental Beta-carotene, mcg**Categories:** Computed Variables  
Supplements**Type:** Continuous

---

**Supplemental biotin, mcg**

Average daily supplemental biotin, mcg

**Variable #** 14**Usage Notes:** none**Sas Name:** F45BIOT**Sas Label:** Supplemental Biotin, mcg**Categories:** Computed Variables  
Supplements**Type:** Continuous

---

**Supplemental vitamin C, mg**

Average daily supplemental vitamin C, mg

**Variable #** 15**Usage Notes:** none**Sas Name:** F45VITC**Sas Label:** Supplemental Vitamin C, mg**Categories:** Computed Variables  
Supplements**Type:** Continuous

---

**Supplemental calcium, mg**

Average daily supplemental calcium, mg

**Variable #** 16**Usage Notes:** none**Sas Name:** F45CALC**Sas Label:** Supplemental Calcium, mg**Categories:** Computed Variables  
Supplements**Type:** Continuous

---



WHI Baseline and Follow-Up Data  
**Form 45 - Current Supplements**

**Data File:** f45\_os\_pub      **File Date:** 08/03/2007      **Structure:** Multiple rows per participant      **Population:** OS participants

---

**Supplemental chromium, mcg**

Average daily supplemental chromium, mcg

<b>Variable #</b> 17	<b>Usage Notes:</b> none
<b>Sas Name:</b> F45CHROM	
<b>Sas Label:</b> Supplemental Chromium, mcg	<b>Categories:</b> Computed Variables Supplements
<b>Type:</b> Continuous	

---

**Supplemental copper, mg**

Average daily supplemental copper, mg

<b>Variable #</b> 18	<b>Usage Notes:</b> none
<b>Sas Name:</b> F45COPP	
<b>Sas Label:</b> Supplemental Copper, mg	<b>Categories:</b> Computed Variables Supplements
<b>Type:</b> Continuous	

---

**Supplemental vitamin D, mcg**

Average daily supplemental vitamin D, mcg

<b>Variable #</b> 19	<b>Usage Notes:</b> none
<b>Sas Name:</b> F45VITD	
<b>Sas Label:</b> Supplemental Vitamin D, mcg	<b>Categories:</b> Computed Variables Supplements
<b>Type:</b> Continuous	

---

**Supplemental folic acid, mcg**

Average daily supplemental folic acid, mcg

<b>Variable #</b> 20	<b>Usage Notes:</b> none
<b>Sas Name:</b> F45FOLIC	
<b>Sas Label:</b> Supplemental Folic Acid, mcg	<b>Categories:</b> Computed Variables Supplements
<b>Type:</b> Continuous	

---

**Supplemental iron, mg**

Average daily supplemental iron, mg

<b>Variable #</b> 21	<b>Usage Notes:</b> none
<b>Sas Name:</b> F45IRON	
<b>Sas Label:</b> Supplemental Iron, mg	<b>Categories:</b> Computed Variables Supplements
<b>Type:</b> Continuous	

---

**Supplemental magnesium, mg**

Average daily supplemental magnesium, mg

<b>Variable #</b> 22	<b>Usage Notes:</b> none
<b>Sas Name:</b> F45MAGN	
<b>Sas Label:</b> Supplemental Magnesium, mg	<b>Categories:</b> Computed Variables Supplements
<b>Type:</b> Continuous	

---



Form 45 - Current Supplements

Data File: f45\_os\_pub      File Date: 08/03/2007      Structure: Multiple rows per participant      Population: OS participants

Supplemental manganese, mg

Average daily supplemental manganese, mg

Variable #	23	Usage Notes:	none
Sas Name:	F45MANG		
Sas Label:	Supplemental Manganese, mg	Categories:	Computed Variables Supplements
Type:	Continuous		

Supplemental molybdenum, mcg

Average daily supplemental molybdenum, mcg

Variable #	24	Usage Notes:	none
Sas Name:	F45MOLYB		
Sas Label:	Supplemental Molybdenum, mcg	Categories:	Computed Variables Supplements
Type:	Continuous		

Supplemental niacin, mg

Average daily supplemental niacin, mg

Variable #	25	Usage Notes:	none
Sas Name:	F45NIAC		
Sas Label:	Supplemental Niacin, mg	Categories:	Computed Variables Supplements
Type:	Continuous		

Supplemental pantothenic acid, mg

Average daily supplemental pantothenic acid, mg

Variable #	26	Usage Notes:	none
Sas Name:	F45PANTO		
Sas Label:	Supplemental Pantothenic Acid, mg	Categories:	Computed Variables Supplements
Type:	Continuous		

Supplemental phosphorus, mg

Average daily supplemental phosphorus, mg

Variable #	27	Usage Notes:	none
Sas Name:	F45PHOS		
Sas Label:	Supplemental Phosphorus, mg	Categories:	Computed Variables Supplements
Type:	Continuous		

Supplemental potassium, mg

Average daily supplemental potassium, mg

Variable #	28	Usage Notes:	none
Sas Name:	F45POTAS		
Sas Label:	Supplemental Potassium, mg	Categories:	Computed Variables Supplements
Type:	Continuous		



WHI Baseline and Follow-Up Data  
**Form 45 - Current Supplements**

**Data File:** f45\_os\_pub      **File Date:** 08/03/2007      **Structure:** Multiple rows per participant      **Population:** OS participants

**Supplemental retinol, mcg**

Average daily supplemental retinol, mcg

<b>Variable #</b>	29	<b>Usage Notes:</b>	none
<b>Sas Name:</b>	F45RETIN	<b>Categories:</b>	Computed Variables Supplements
<b>Sas Label:</b>	Supplemental Retinol, mcg		
<b>Type:</b>	Continuous		

**Supplemental selenium, mcg**

Average daily supplemental selenium, mcg

<b>Variable #</b>	30	<b>Usage Notes:</b>	none
<b>Sas Name:</b>	F45SELEN	<b>Categories:</b>	Computed Variables Supplements
<b>Sas Label:</b>	Supplemental Selenium, mcg		
<b>Type:</b>	Continuous		

**Supplemental zinc, mg**

Average daily supplemental zinc, mg

<b>Variable #</b>	31	<b>Usage Notes:</b>	none
<b>Sas Name:</b>	F45ZINC	<b>Categories:</b>	Computed Variables Supplements
<b>Sas Label:</b>	Supplemental Zinc, mg		
<b>Type:</b>	Continuous		

**F45 Taking multivitamin without minerals**

<b>Variable #</b>	32	<b>Usage Notes:</b>	none
<b>Sas Name:</b>	F45MULTI	<b>Categories:</b>	Computed Variables Supplements
<b>Sas Label:</b>	Multivitamin without Minerals		
<b>Type:</b>	Categorical		

Values

0	No
1	Yes

**F45 Taking multivitamin with minerals**

<b>Variable #</b>	33	<b>Usage Notes:</b>	none
<b>Sas Name:</b>	F45MVMIN	<b>Categories:</b>	Computed Variables Supplements
<b>Sas Label:</b>	Multivitamin with Minerals		
<b>Type:</b>	Categorical		

Values

0	No
1	Yes



WHI Baseline and Follow-Up Data  
**Form 45 - Current Supplements**

**Data File:** f45\_os\_pub      **File Date:** 08/03/2007      **Structure:** Multiple rows per participant      **Population:** OS participants

**F45 Taking stress formula pills**

**Variable #** 34

**Sas Name:** F45STRES

**Sas Label:** Stress Formula Pills

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes

**F45 Taking other combination pill**

**Variable #** 35

**Sas Name:** F45OTHCM

**Sas Label:** Other Comb Pill (not multivit/stress)

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes

**F45 Taking any combination pills**

**Variable #** 36

**Sas Name:** F45COMBP

**Sas Label:** Any Combination Pill

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes

**F45 Taking vitamin A from single supplement**

**Variable #** 37

**Sas Name:** TKVITA

**Sas Label:** F45 Taking vitamin A from single sup

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes

**F45 Taking alpha-tocopherol from single supplement**

**Variable #** 38

**Sas Name:** TKVITE

**Sas Label:** F45 Taking alpha-toco from single sup

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes



Form 45 - Current Supplements

Data File: f45\_os\_pub      File Date: 08/03/2007      Structure: Multiple rows per participant      Population: OS participants

F45 Taking vitamin B1 from single supplement

Variable # 39

Sas Name: TKVITB1

Sas Label: F45 Taking vitamin B1 from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables  
Supplements

Values

0	No
1	Yes

F45 Taking vitamin B12 from single supplement

Variable # 40

Sas Name: TKVITB12

Sas Label: F45 Taking vitamin B12 from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables  
Supplements

Values

0	No
1	Yes

F45 Taking vitamin B2 from single supplement

Variable # 41

Sas Name: TKVITB2

Sas Label: F45 Taking vitamin B2 from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables  
Supplements

Values

0	No
1	Yes

F45 Taking vitamin B6 from single supplement

Variable # 42

Sas Name: TKVITB6

Sas Label: F45 Taking vitamin B6 from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables  
Supplements

Values

0	No
1	Yes

F45 Taking beta-carotene from single supplement

Variable # 43

Sas Name: TKBETA

Sas Label: F45 Taking beta-carotene from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables  
Supplements

Values

0	No
1	Yes





WHI Baseline and Follow-Up Data  
**Form 45 - Current Supplements**

**Data File:** f45\_os\_pub      **File Date:** 08/03/2007      **Structure:** Multiple rows per participant      **Population:** OS participants

**F45 Taking biotin from single supplement**

**Variable #** 44

**Sas Name:** TKBIOT

**Sas Label:** F45 Taking biotin from single sup

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes

**F45 Taking vitamin C from single supplement**

**Variable #** 45

**Sas Name:** TKVITC

**Sas Label:** F45 Taking vitamin C from single sup

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes

**F45 Taking calcium from single supplement**

**Variable #** 46

**Sas Name:** TKCALC

**Sas Label:** F45 Taking calcium from single sup

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes

**F45 Taking chromium from single supplement**

**Variable #** 47

**Sas Name:** TKCHROM

**Sas Label:** F45 Taking chromium from single sup

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes

**F45 Taking copper from single supplement**

**Variable #** 48

**Sas Name:** TKCOPP

**Sas Label:** F45 Taking copper from single sup

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes



WHI Baseline and Follow-Up Data  
**Form 45 - Current Supplements**

**Data File:** f45\_os\_pub      **File Date:** 08/03/2007      **Structure:** Multiple rows per participant      **Population:** OS participants

**F45 Taking vitamin D from single supplement**

**Variable #** 49

**Sas Name:** TKVITD

**Sas Label:** F45 Taking vitamin D from single sup

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes

**F45 Taking folic acid from single supplement**

**Variable #** 50

**Sas Name:** TKFOLIC

**Sas Label:** F45 Taking folic acid from single sup

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes

**F45 Taking iron from single supplement**

**Variable #** 51

**Sas Name:** TKIRON

**Sas Label:** F45 Taking iron from single sup

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes

**F45 Taking magnesium from single supplement**

**Variable #** 52

**Sas Name:** TKMAGN

**Sas Label:** F45 Taking magnesium from single sup

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes

**F45 Taking manganese from single supplement**

**Variable #** 53

**Sas Name:** TKMANG

**Sas Label:** F45 Taking manganese from single sup

**Type:** Categorical

**Usage Notes:** none

**Categories:** Computed Variables  
Supplements

**Values**

0	No
1	Yes



Form 45 - Current Supplements

Data File: f45\_os\_pub      File Date: 08/03/2007      Structure: Multiple rows per participant      Population: OS participants

F45 Taking molybdenum from single supplement

Variable # 54

Sas Name: TKMOLYB

Sas Label: F45 Taking molybdenum from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables  
Supplements

Values

0	No
1	Yes

F45 Taking niacin from single supplement

Variable # 55

Sas Name: TKNIAC

Sas Label: F45 Taking niacin from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables  
Supplements

Values

0	No
1	Yes

F45 Taking pantothenic acid from single supplement

Variable # 56

Sas Name: TKPANTO

Sas Label: F45 Taking pantoth. acid from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables  
Supplements

Values

0	No
1	Yes

F45 Taking phosphorus from single supplement

Variable # 57

Sas Name: TKPHOS

Sas Label: F45 Taking phosphorus from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables  
Supplements

Values

0	No
1	Yes

F45 Taking potassium from single supplement

Variable # 58

Sas Name: TKPOTAS

Sas Label: F45 Taking potassium from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables  
Supplements

Values

0	No
1	Yes



WHI Baseline and Follow-Up Data  
**Form 45 - Current Supplements**

**Data File:** f45\_os\_pub      **File Date:** 08/03/2007      **Structure:** Multiple rows per participant      **Population:** OS participants

**F45 Taking retinol from single supplement**

<b>Variable #</b>	59	<b>Usage Notes:</b>	none
<b>Sas Name:</b>	TKRETIN	<b>Categories:</b>	Computed Variables Supplements
<b>Sas Label:</b>	F45 Taking retinol from single sup		
<b>Type:</b>	Categorical		
<b>Values</b>			
0	No		
1	Yes		

**F45 Taking selenium from single supplement**

<b>Variable #</b>	60	<b>Usage Notes:</b>	none
<b>Sas Name:</b>	TKSELEN	<b>Categories:</b>	Computed Variables Supplements
<b>Sas Label:</b>	F45 Taking selenium from single sup		
<b>Type:</b>	Categorical		
<b>Values</b>			
0	No		
1	Yes		

**F45 Taking zinc from single supplement**

<b>Variable #</b>	61	<b>Usage Notes:</b>	none
<b>Sas Name:</b>	TKZINC	<b>Categories:</b>	Computed Variables Supplements
<b>Sas Label:</b>	F45 Taking zinc from single sup		
<b>Type:</b>	Categorical		
<b>Values</b>			
0	No		
1	Yes		